



# Fort Garry/St. Norbert Coalition Programming

*'providing support to families with the goal of raising happy, healthy children'*

## Session #4 Spring 2021



<u>Mondays</u>	<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Fridays</u>
Sing-a-long with Me!	Read, Stretch & Sing	Show & Tell & Story	Let's Play	Fun in the Kitchen
online program	online program	online program	online program	online program
10:00- 10:30am	10:00- 10:30am	10:00- 10:30am	10:00- 10:30am	10:00- 10:30am

All programs will take place online through Zoom and run  
from April 19th - June 11th, 2021

### Sing-a-long with Me!

Learn new songs and sing a  
long and your Family  
Centre friends.

**\*Great for kids 0-5 years\***

### See & Say Storytime

You and your child will bring  
something to show & talk about  
at the beginning. Then rhymes  
and stories will follow!  
Great for developing  
vocabulary!

**\*Geared to 2.5-5 year olds\***

Registration begins on April 9th, 2021 at 8am

### Read, Stretch & Sing

Join us as we do some yoga  
stretching and explore literacy in  
fun and exciting ways. Enjoy a  
bowl of "Alphabet Soup" while  
we learn about letters and get  
simple craft ideas to make at  
home.

**\*Geared to 2.5-5 year olds\***

### Let's Play

This physical activity  
program will have you and your  
child up and moving around as  
you learn the ABC's of  
movement.  
(Agility/Balance/Coordination)

**\*Great for 1-5 year olds\***

### Fun in the Kitchen

Join us in the kitchen for  
some fun activities! Science  
experiments or snack time  
ideas will be the theme of the  
day! Pick up ingredients and  
then have your preschooler  
follow along!

**\*Geared to 3-5 year olds\***

### Playcation with Priya

Priya will be distributing Free  
Activity Kits !

May Kit - May 7th/8th

June Kit - June 11th/12th

**\*Quantities Limited\***

### For more information contact one of our coordinators:

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